

# Lift Your Productivity Model

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1

Apply the 7 High Impact Levers



Self Awareness

Wisdom & Knowledge

Health and Resilience

Self Discipline

Good Relationships

Goal Setting

Positive Attitude

2

Develop the 3 Enabling Mindsets

- Desire for Self Improvement
- Desire to Be Self Responsible
- Desire to Show Gratitude



3

Lift performance to achieve the 4 Key Qualities of **Positive Productive People**

Energy  
Efficiency  
Aspiration  
Optimism



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