

10 Fun Team Building Activities

Suitable for a night program

by David Koutsoukis

1. Fines Master

Every time someone says or does something inappropriate or says a 'taboo word' (e.g. Coventrys) they have to put \$1 in the kitty. Proceeds go to a named charity.

2. Baby Photo Quiz

Get copies of everyone's baby photos. Create a quiz sheet with them where people have to guess who they are. Individuals or small groups.

3. Quiz Night

Run a quiz night type format. Use general knowledge questions, fit to a theme, questions about the company or desired outcomes of the event.

4. Something about me you didn't know

Everyone has to tell or demonstrate something about themselves that no one would know. e.g. interesting abilities, jobs, awards, achievements, singing, juggling, phantom race calls

5. Two Truths and a Lie

People take turns at standing up and telling three things about themselves – two are true, one is a lie. People have to try and guess which one is the lie. Have some small prizes for people who guess correctly. If you have a large staff, break up into smaller groups.

6. Buzzword Pegs (clothespins)

Create a list of 'banned' buzzwords such as "strategic", "empower", "communication". If someone mentions a banned buzzword they stick a peg on their collar. Three pegs means they're not allowed to speak for a predetermined amount of time.

7. Scategories

People have to write down as many words as they can on a given topic (eg countries, cars) starting with the letter "x" or whatever letter you choose.

8. "Who Said That?"

Compile a list of sayings that certain staff members often use. People have to guess who they belong to.

9. Modeling Balloons

Get a couple of packets of modeling balloons from the supermarket. Get people to create an animal or an object. Give a prize (bottle of champers or something) for best creation.

10. TV/Movie Theme Quiz

Get a CD or playlist with TV/Movie themes. Play the tune – first one to guess it wins a prize.

+ Bonus idea - Team Idol

Everyone has to do a performance. E.g. read a poem, sing a song, tell a joke, do a race call.

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